

If anyone in our building needs help due to self-isolation, please contact the Security/Concierge Desk. This may include:

- Garbage removal
- Assistance with Deliveries (food, packages, medical supplies, etc.)
 - Mailbox pickup

403-629-3781

They will arrange a time for you to leave your garbage outside your door for pick-up to the garbage chute, downstairs or recycling. If you are unable to buzz up deliveries (e.g. your phone is not connected to the intercom system) they will let the person in and select your elevator floor for them (call security desk before your delivery shows up).

If you have or suspect you have the virus, you should let them know so they can make an informed decision. Some staff may have compromised immune systems or other health concerns themselves; other arrangements may be made.

This information will be strictly confidential.

Right before handling anything to be left outside:

- Wash hands with <u>soap & water</u>, thoroughly
- <u>Do not</u> open the door when person comes to collect